

## St. Mary's High School Knights Track and Field Records

<u>Event</u>	<u>Name</u>	<u>Time/Distance</u>	<u>Year</u>
100 M Dash	Brandon Jenkins	10.84	2009
110 M Hurdles	Tregg Waters	15.17	2010
200 M Dash	Brandon Jenkins	22.01	2009
300 M Hurdles	Tregg Waters	42.17	2010
400 M Dash	Brandon Jenkins	48.95	2009
800 M Run	Jonathan Ciani	2:02.37	2006
1600 M Run	Miguel Ortega	4:48.26	2005
3200 M Run	Andrew Tovar	10:21.06	2010
4 x 100 M Relay	Josh Felton Jamil Hines Jason Owens James Morrison	42.50	2007
4 x 400 M Relay	Blaire Armstrong Jonathan Ciani David Molina Greer Rollier	3:26.97	2004
4 x 800 M Relay	Miguel Ortega Ryan Murphy Adrian Hernandez Jonathan Ciani	8:36.47	2006
Sprint Medley	Jason Owens DeMarrice Green James Morrison Josh Felton	1:38.34	2006
Distance Medley	David Olszewski Jason Owens Ryan Murphy Miguel Ortega	12:04.97	2006
Long Jump	James Morrison	22' 8 1/2"	2006
Triple Jump	Darius Mole	42' 6"	2007
High Jump	Brandon Jenkins	6' 4"	2008
Pole Vault	Greer Rollier	11' 6"	2004
Shot Put	Justin Hickman	53' 7 3/4"	2003
Discus Throw	David Denogon	136' 4"	2010

## St. Mary's High School Lady Knights Track and Field Records

<u>Event</u>	<u>Name</u>	<u>Time/Distance</u>	<u>Year</u>
100 M Dash	Alyssa Lout	12.56	2008
100 M Hurdles	Chloe Johnson	16.44	2010
200 M Dash	Alyssa Lout	25.46	2008
300 M Hurdles	Joyelle Dancy	51.83	2009
400 M Dash	Shapri Romero	57.09	2010
800 M Run	Alyssa Lout	2:29.66	2008
1600 M Run	Julia Grose	5:28.80	2007
3200 M Run	Julia Grose	12:00.44	2007
4 x 100 M Relay	Lonnie Sanchez Alyssa Lout Kindala Owens Shapri Romero	50.53	2007
4 x 400 M Relay	Alyssa Lout Davellyn Whyte Lonnie Sanchez Shapri Romero	4:09.64	2007
4 x 800 M Relay	Alyssa Lout Julia Grose Shapri Romero Danage Norwood-Pearson	10:48.80	2008
Sprint Medley	None		
Distant Medley	None		
Long Jump	Lonnie Sanchez	15'6"	2004
Triple Jump	Mary Nickerson	31' 8"	2008
High Jump	Rachel Bello	5' 0"	2010
Pole Vault	None		
Shot Put	Brianna Barham	37' 11"	2004
Discus Throw	Brianna Barham	97' 9"	2004